



Six Degrees Albany

Proud to host Zee Tee.

Organic English Breakfast Tea \$4 pot

Wake up to this all time classic. Our organic English Breakfast is a rich, full bodied tea from a biodynamic plantation in Sri Lanka blended with malty, flavoursome tea leaves from the Assam Valley in India. It will provide you with some gentle encouragement as you inhale the wonderful aroma and savour the full, robust body, leaving you wide awake and ready to go. A great coffee substitute.

Organic Earl Grey Tea \$4 pot

A blend of the best loose leaf Sri Lankan high elevation teas. Sourced from an ecological zone which is endowed with one of the richest bio-diversity regimes in the world. A shot of citrusy bergamot beautifully flavours this full bodied brew. An enduring favourite we all know and love.

Australian Sencha Green Tea \$4 pot

...is based on a Japanese style green tea. It's a pure and natural green tea grown on a family farm in the upper reaches of the picturesque Kiewa Valley at Tawonga. The taste is sweet and mellow with a beautiful aroma - don't forget to inhale before you sip! So refreshing.

Special Note: Grown in a chemical free environment, not certified organic.

Organic Chai \$4 pot

Our original Chai mix is a premium organic blend that's sure to please. An exotic blend of black tea with cinnamon, star anise, ginger, cloves, cardamon and fennel that will warm and satisfy.

Mother Earth (Rooibos) \$4 pot

Some of the best of what Mother Nature has to offer in this premium organic blend of green rooibos, jasmine flowers, vanilla bean pieces, rose petals and pear pieces. Enjoy the subtle flavours of pear and vanilla in this cup of gentle goodness. Caffeine free.

Organic Detox Herbal Blend \$4 pot

A mix of organic herbs known for their cleansing and detoxifying properties. A smooth, sweet honey-like infusion that almost tastes too good to be good for you!

Health benefits:

- Nettle - Believed to provide beneficial support for the kidneys and liver. A powerful blood purifier that drives out toxins
- Spearmint - Used to aid the release of bile and stomach juices and promote natural digestion
- Liquorice - Known to enhance the elimination of mucus from the lungs
- Burdock root - Used to purify the blood by removing toxins
- Calendula petals - Contains flavonoids that prevent infection and inflammation
- Fennel - Used for hundreds of years to treat digestive problems
- Lemongrass - An aid in detoxifying liver, pancreas, kidney, bladder and digestive tract.

Field of Dreams \$4 pot

A gentle and calming organic blend of chamomile, lemonbalm, lavender, spearmint and passionflower. Perfect before bedtime. Caffeine free

Organic Peppermint Tea \$4 pot

Enjoy the fresh, clean flavour of our premium, organic peppermint leaves. Renown as a great digestive tonic.

Organic Lemongrass and Ginger \$4 pot

Put a little zing in your life with this healthy herbal infusion. Definitely one of our stars - no ordinary lemongrass and ginger; it's been lovingly blended with lemon myrtle, rosehip and rose petals for extra zing and flavour.

Organic Blooming Tea \$5 pot

Incomprehensible! Almost indescribable. Absolutely worth the extra \$1 just to see it. Truly amazing and will fill your heart with joy.